



Dear Parents & Guardians,

A very warm welcome to all new & returning students.

Please see the lunch menu for **SEPTEMBER 2026**.

We have had lots of positive feedback on some of our new menu items however, we have added back some favourites due to requests.

We would be happy to address any concerns to ensure we can accommodate you the best we can.

We would hope to receive all lunch order forms by the **22nd August 2026**

We will be selling PIZZA by the slice (\$2.50 per slice) every second Friday. This is sold on a **CASH ONLY BASIS**.

Below is a rundown on how our system works

1. Menus posted on 16th of each Month online and emailed from CPHS office: See below
2. Please complete the order form and return it to the CPHS office or email the form or details of your order to Food for Thought at info@foodforthought.ky
3. Payment should be made by 22nd of the month:
 - a. By leaving a cheque/cash with your order form at school office
 - b. Pay online to Butterfield **BOB KYD Account # 02101 037369** please reference your child's name and class or year group. Please email a screenshot of payment confirmation with your order.
 - c. Pay by card at our FFT offices, located at D1, Cayman Business Park, Elgin Avenue. Our Offices are open Monday – Friday from 8:00am – 2:00pm and 9:00am - 1:00pm Saturdays.

We understand orders can't always be made in advance. We accept orders up to 10am on the day the student must bring cash or the parent must pay online. Please understand due to the rising costs of food we cannot always meet demand for orders made after 10am but we will try our best.

For new parents if you wish to discuss further your child's needs and the process on how our system works you can contact **Wayne on 938-3663 or Rachel on 927-9229** & they will be happy to assist.

Kind regards

Food for Thought LTD.



Student's Name: _____

Class: _____

Parent's Contact Number: _____



This menu is from **MONDAY 31ST AUGUST TO FRIDAY 25TH SEPTEMBER**. The cost is **\$8.00** per day for lunch. **TOTAL FOR SEPT (18 DAYS) IS \$144.00** choose between either Main Courses listed or the veggie OR salad option. Return this form to the school office or our offices no later than **AUG 22nd**, together with payment, either by ONLINE WITH BOB KYD# 021010-37369, CASH, CARD OR CHEQUES made payable to FOOD FOR THOUGHT LTD, **DOWN LOAD MENU WWW.FOODFORTHOUGHT.KY MENU/SCHOOLS**

SEPTEMBER WEEK 1				SEPTEMBER WEEK 3			
MON	HOT	Spaghetti Bolognese with garlic toast	☐	MON	HOT	Spaghetti Bolognese with Garlic toast	☐
AUG	COLD	Crunchy sweet chili chicken wrap & fresh fruits	☐	SEPT	COLD	Ham & Cheddar on a flour bun with fresh fruits	☐
31ST	VEG/SALAD	Spaghetti prima vera in a tomato cream or Chicken salad	☐	14TH	VEG/SALAD	Balsamic roasted veggies with spaghetti OR Chicken salad	☐
TUES	HOT	Indian chicken korma curry with Basmati rice & nann bread	☐	TUES	HOT	Baked pork chops with roast potato wedges & mixed veggies	☐
SEPT	COLD	Roast Beef & Cheddar in a French baguette with potato salad	☐	SEPT	COLD	Crispy honey mustard glazed chicken tender wrap with soup	☐
1ST	VEG/SALAD	Vegetable Biryani OR Chicken salad	☐	15TH	VEG/SALAD	Vegetable Biryani OR Chicken salad	☐
WED	HOT	English style fish and chips with green peas and tartar sauce	☐	WED	HOT	Chicken tenders and fries with a BBQ or Honey Mustard sauce	☐
SEPT	COLD	Lean USDA choice burger with cheddar & salad bar	☐	SEPT	COLD	Lean USDA choice burger with cheddar & salad bar	☐
2ND	VEG/SALAD	Baked potato with beans and cheddar OR Chicken salad	☐	16TH	VEG/SALAD	Baked potato with beans and cheddar/OR Chicken salad	☐
THURS	HOT	Cayman style beef, rice & beans. Plantain & corn bread	☐	THURS	HOT	Irish beef stew with hearty veg and french baguette	☐
SEPT	COLD	Pulled slow roasted BBQ pork sliders	☐	SEPT	COLD	Chicken parmigiana sandwich with pasta salad	☐
3RD	VEG/SALAD	Ricotta tortellini with basil tomato sauce OR Chicken salad	☐	17TH	VEG/SALAD	Roasted Veg Pasta with olive oil & balsamic OR Chicken salad	☐
FRI	HOT	BBQ Chicken with mac & cheese, plantain & coleslaw	☐	FRI	HOT	Coconut crusted fish mango salsa & rice and beans	☐
SEPT	COLD	Crispy fish burger with sweet chili mayo and coleslaw	☐	SEPT	COLD	Pulled slow roasted BBQ pork sliders & fruity coleslaw	☐
4TH	VEG/SALAD	Roasted BBQ veggie with mac and cheese & cornbread	☐	18TH	VEG/SALAD	Ricotta tortellini with basil tomato sauce OR Chicken salad	☐
SEPTEMBER WEEK 2				SEPTEMBER WEEK 4			
MON	HOT	Spaghetti Bolognese with garlic toast	☐	MON	HOT	Spaghetti Bolognese with garlic toast	☐
SEPT	COLD	Ham & Cheddar on a flour bun with fresh fruits	☐	SEPT	COLD	Blackened chicken caesar wrap with veggie crisps & fruit	☐
7TH	VEG/SALAD	Spaghetti prima vera in a tomato cream or Chicken salad	☐	21ST	VEG/SALAD	Vegetable lasagne & garlic toast	☐
TUES	HOT	Lemon & thyme chicken skewers with savory veggie rice	☐	TUES	HOT	Teriyaki chicken skewers with Asian fried veggie rice (NEW)	☐
SEPT	COLD	Pulled slow roasted BBQ pork sliders & fruity coleslaw	☐	SEPT	COLD	Roast Beef & Cheddar in a French baguette with pasta salad	☐
8TH	VEG/SALAD	Mediterranean veg skewers with savory rice OR Chicken salad	☐	22ND	VEG/SALAD	Mediterranean veg skewers with savory rice OR Chicken salad	☐
WED	HOT	Buttermilk fried chicken and chips with a BBQ mayo	☐	WED	HOT	Mexican fish tacos chili lime slaw & mexican rice	☐
SEPT	COLD	Lean USDA choice burger with cheddar & salad bar	☐	SEPT	COLD	Chicken avacado ranch burrito wrap with veggie crisp	☐
9TH	VEG/SALAD	Chickpea & bean Burger OR Chicken salad	☐	23RD	VEG/SALAD	Mexican veggie tacos with lime & chili slaw & seasoned rice	☐
THURS	HOT	Peppered steak, rice & beans. Plantain & corn bread	☐	THURS	HOT	BBQ pork chops with mac & cheese, plantain & coleslaw	☐
SEPT	COLD	Chicken avacado ranch burrito wrap with veggie crisp	☐	SEPT	COLD	Crispy fish burger with sweet chili mayo and coleslaw	☐
10TH	VEG/SALAD	Ricotta tortellini with basil tomato sauce OR Chicken salad	☐	10TH	VEG/SALAD	Roasted BBQ veggie with mac and cheese & cornbread	☐
FRI	EVERY 2ND FRIDAY			FRI	EVERY 2ND FRIDAY		
SEPT	PIZZA SOLD BY THE SLICE IN THE LUNCHROOM			SEPT	PIZZA SOLD BY THE SLICE IN THE LUNCHROOM		
11TH	\$2.50 PER SLICE CASH ONLY			25TH	\$2.50 PER SLICE CASH ONLY		

Number of Lunches Ordered _____

Amount Enclosed \$ _____

Signed _____