



Dear Parents & Guardians,

The Summer is here, and we are excited about our culinary teen workshop.

Due to the huge success of our previous camps, we will be running our teen camp this summer break.

The camp runs weekly Monday to Friday from 8.30am till 1pm, July 8th 15th and 22nd AND August 5th 12th and 19th (max 10 students per class) sign up is on a weekly not daily basis.

As this camp is extremely popular it fills up fast so book your space early.

All payments are required in full upon booking to ensure a space is secured.

The culinary workshop schedule is attached with what we are doing for the week.

All food aprons and necessary equipment is provided, all participants get to keep their apron and knife, this camp is for 12 years or older.

Please be advised we do hands on with culinary equipment, ovens and sharp knife skills.

Payment options are below:

Please transfer the exact payment into our BOB KYD Account # 02101 037369 and reference your child's name and chosen camp week.

We also accept all major debit and credit cards (Not American Express)

Alternatively, should you wish to visit our offices and deliver your payments personally, we are located at D1, Cayman Business Park, Elgin Avenue. Our Offices are open Monday – Friday from 8:00am – 1:00pm. During summer months

Our policy is that all payments need to be submitted before camp commences.

Should you wish to inform our team about certain allergies, please do not hesitate to contact us and we are delighted to assist you!!

Contact Wayne directly on 938 3663 or Rachel on 927 9229 we will be happy to assist.



**FOOD FOR THOUGHT
SUMMER CULINARY WORKSHOP FOR TEENS**

Join us for our one of a kind, hands on culinary workshops in a restaurant environment with award winning chef instructors from Food for Thought Caterers and Gateway of India culinary team.

*We will cover the basic kitchen skills, hygiene and international cuisines and finish with a high energy fun filled team cook off (chopped) at the end of the week.
a week not to be missed for any teen with a passion for cooking!*

8.30am to 1.00pm 10 TEENS MAX PER CLASS- \$375 for the week

Open to teenagers ages 13 -17 years old.

includes snacks & drinks, a knife, an apron, recipes and all supplies, take home any remaining food items for your family to try!

Weekly starting Monday 8th July 2024

Each day our chef instructors will demonstrate a different skill and cooking method so you can make dinner for mum and dad at the end of the week.

MONDAY- - A TASTE OF ENGLAND: HOW TO MAKE HOME MADE SAUSAGE ROLLS, ENGLISH STYLE FISH & CHIPS MUSHY PEAS, STICKY TOFFEE PUDDING TOFFEE SAUCE/FRUIT CRUMBLE

TUESDAY- TASTE OF ASIAN STREET FOOD: MAKE YOUR OWN PORK POT STICKERS, WANTONS, VEGGIE SAMOSAS AND ONION BAJIS & A FRUITY DESSERT SPRING ROLL

WEDNESDAY- TASTE OF ITALY: MAKE YOUR OWN PASTA, BRUSHETTA, HOME MADE SAUCES OF ALFREDO & MARINARA, TIRAMISU DESSERT.

THURSDAY- HOMEMADE BURGERS & FRESH MEATLOAF: MAKE YOUR OWN SUCCULENT JUICY SLIDERS WITH RELISH & VARIOUS TOPPING, MEATBALLS & GRANDMAS' MEATLOAF WITH ROASTED TOMATO KETCHUP PLUS SIDES

FRIDAY- CHOPPED WITH MYSTERY BASKET: LET'S SEE WHAT YOU HAVE LEARNED?? WHICH TEAM WILL WIN OUR CHOPPED TROPHY?